Global Healthy Workplace Summit

14th edition

Good Health is Good Business

Summit Brochure

Lisbon, Portugal
19 - 20 October 2026

globalhealthyworkplace.org

GLOBAL CENTRE FOR HEALTHY WORKPLACES

ISEG EXECUTIVE EDUCATION





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GCHW Welcome

We are delighted to welcome you to the 14th Global Healthy Workplace Awards and Summit, taking place in the historic and vibrant city of Lisbon, Portugal, in partnership with the Lisbon School of Economics and Management (ISEG), Executive Education. This international event brings together global visionaries, decision-makers, executives, and corporate wellbeing pioneers to explore the evolving future of employee health and organisational resilience.

Over two days, we will delve into critical themes such as moving beyond compliance within the ESG framework, mental health excellence inspired by award winning organizations, productivity insights, and the new work frontier balancing artificial intelligence and psychosocial factors. Attendees will hear directly from key figures representing major international bodies including the International Labour Organization, International Organization of Employers, Eurofound, and EU OSHA, gaining exclusive access to expert knowledge and practical solutions.

We also showcase the exceptional achievements of our 2026 finalists, including Abbott India, Singapore Power Group, Abbott Laboratories LATAM, and Siemens Energy, alongside doctHERS, and the African Population and Health Research Center. Additionally, we will celebrate certified healthy workplaces from across the globe, highlighting true leadership in safety and wellbeing.

A heartfelt thank you goes to our hosting partner, ISEG, for their support in making this gathering possible. We hope this summit sparks meaningful connections, fosters global knowledge sharing, and provides you with actionable strategies to transform your workplace and champion sustainable employee wellbeing.

Global Centre for Healthy Workplaces (GCHW)



Agenda

Start times are set at WET (Western European Time), Lisbon.

19 October – DAY 1

1:30 pm **Registration**

2:00 pm **Welcome & Opening Address**

Helena Jerónimo, Vice Dean, ISEG
CEO, Executive Education

2:30 pm **Keynote: From Compliance to Culture: How ILO Standards and ESG Are Shaping the Next Generation of Healthy Workplaces**

Joaquim Nunes, Chief Officer, International Labour Organization (ILO)

3:00 pm **Panel: How to create a Healthy Workplace: Leadership Lessons from Award Winners:**

Moderator: Tommy Hutchinson, GCHW
Carla Barros, EDP (Portugal)
Constantin Hildebrand, Allianz (Germany)
Riyaad Karriem, Chevron (Singapore)

4:15 pm **Break**

4:45 pm **Introduction to Global Awards & Judges**

5:00 pm **SME Awards Finalist presentations**

African Population and Health Research Center (Kenya)
doctHERS (USA)

6:30 pm **End of Day One**

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Agenda

Start times are set at WET (Western European Time), Lisbon.

20 October – DAY 2

9:00 am **Keynote: Linking Employee Health and Wellbeing with Workplace Productivity**

Jorge Cabrita, Eurofound, Ireland

9:45 pm **Reaction Panel: Advancing European Competitiveness and Productivity – Where is Health?**

Moderator: Pilar Mosquera, ISEG
Dietmar Elsler, EU OSHA, Spain
Kris De Meester FEB, Belgium
Adrian Pryce, BePartners, UK

11:00 am **Break**

11:30 am **Panel: AI & Digitalisation: Catalysts for Workplace Flourishing – Myth or Reality?**

Moderator: Tommy Hutchinson, GCHW
Sandra Costa, EDP, Portugal
Chiara Cirelli, IOE, Switzerland

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Agenda

Start times are set at WET (Western European Time), Lisbon.

20 October – DAY 2 Continued

12:30 pm **Recognition of certified Healthy Workplaces**

Abbott Laboratories (LATAM)
BBVA (Argentina)
Grupo Boticário (Brazil)
Grupo Financiero Banorte (Mexico)
Siemens Energy (Germany)

1:00 pm **Lunch**

2:00 pm **Large Enterprise Awards Finalists presentations**

Abbott India (India)
Singapore Power Group (Singapore)

3:30 pm **Break**

4:00 pm **MNE Awards Finalist presentations**

Abbott Laboratories (LATAM)
Siemens Energy (Germany)

5:30 pm **Announcement of 2026 Winners & Awards Ceremony**

5:45 pm **Closing**

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SIEMENS energy

ABBOTT

docHERs

ABBOTT

SPgroup
Empowering the Future of Energy

APHRC
African Population and Health Research Center

Awards Finalist Profiles

Abbott Laboratories, LATAM (multinational enterprise)

Vida Plena is Abbott Latin America's flagship integrated wellbeing program, present across 18 countries since 2023 and recognized as a regional success story in employee health promotion. The program addresses five pillars of wellbeing — physical, mental, financial, social, and occupational — and is distinguished by its strong governance structure, cross-functional leadership, data-driven design, and deep cultural alignment with a diverse, multinational workforce.

What sets Vida Plena apart is its intentional integration across three key organizational functions: Environment, Health & Safety (EHS), Compensation & Benefits (C&B), and Business Human Resources (BHR). This cross-functional ownership ensures that wellbeing is not a standalone initiative, but a shared organizational responsibility embedded in daily leadership practices, performance management, and business planning.

The program's strategic goals are: (1) reducing occupational risks and absenteeism; (2) improving physical and mental health outcomes to strengthen talent attraction and retention; (3) increasing employee engagement in wellbeing initiatives; (4) building a culture of prevention and self-care; and (5) ensuring full compliance with applicable local and international health and safety standards.

Vida Plena is formally endorsed by senior regional leadership, reported in Abbott's Global Sustainability Report, and continuously improved through structured assessment cycles, employee feedback, and external expert consultation. With high adherence and consistently strong outcomes across the region, Vida Plena reflects Abbott's unwavering commitment to helping every employee live life to the fullest.

View Abbott Laboratories Profile: Click here!

Siemens Energy, Germany (multinational enterprise)

The Siemens Energy Global Health Management Strategy provides global leadership and coordination to strengthen health standards, competence, and wellbeing across all countries. While implementation responsibility lies locally, the global team sets direction, ensures consistency, and enables countries through technical guidance, knowledge sharing, and best practice exchange. The program is structured around three health dimensions — physical, mental, and social health — and follows a holistic approach of promotion, prevention, and rehabilitation.

Key global initiatives include Healthy4Life, a monthly global awareness program; the Calm app, offering evidence-based tools to reduce stress and improve sleep; and the annual Health & Wellbeing Week, which reinforces health as an integral part of daily work. In addition, all countries provide Employee Assistance Programs (EAP), ensuring confidential psychological counseling and professional support for employees and, where applicable, their families. These services strengthen early intervention and mental health care accessibility worldwide.

Strong foundations are built through the Zero Harm Building Blocks, defining global minimum health standards, and continuous monitoring via the annual EHS Head Survey and Global Health key performance indicators (KPIs) across physical, mental, and social wellbeing. The program fosters global engagement through regular health meetings, best practice sharing, and communication platforms like SharePoint and Viva Engage — shaping a company culture where health is a visible and shared responsibility among employees, managers, and leadership.

View Siemens Energy Profile: Click here!

Awards Finalist Profiles

Abbott, India (large enterprise)

Abbott India's Healthy Workplace Program is aligned with the WHO Healthy Workplace Model and is delivered through two complementary pillars:

1. BeStrong, the organisation's holistic employee wellbeing framework,
2. a robust Environment, Health & Safety (EHS) system that ensures a safe and healthy physical work environment.

BeStrong focuses on integrated wellbeing through four pillars—physical, mental and emotional, financial, and social health—and is uniquely differentiated by its holistic, data-driven, and leadership-led approach. It combines preventive healthcare (health screenings and vaccinations), a best-in-class mental health ecosystem (MindStrong, with counselling, champions, and targeted interventions), and inclusive programming tailored for a highly distributed workforce across offices, manufacturing plants, and more than 500 field locations.

Abbott's EHS framework ensures strong governance of workplace safety, risk management, and occupational health through standardised policies, continuous training, hazard identification systems, and access to onsite medical support. These efforts are supported by 100% employee coverage under health and safety systems, alongside continuous investments in safe infrastructure and processes.

Together, BeStrong and EHS are embedded within Abbott's broader ESG and sustainability agenda, promoting a workplace that prioritises employee safety, wellbeing, inclusion, and work-life harmony. This commitment is reinforced through structured employee listening mechanisms, including the "Your Voice Counts" survey. Through this integrated approach, Abbott India is building a sustainable culture of wellbeing and safety, driving both improved employee outcomes and long-term business success.

View Abbott Profile: Click here!

Singapore Power Group, Singapore (large enterprise)

Since its corporatization in 1995, SP Group's Workplace Health Program (WHP) has evolved from a physical health focus to include mental health, work safety and overall wellbeing following COVID 19 and safe management measures in 2019. Overseen by the Management Safety & Health Committee (MSC), comprising the respective Managing Directors, CEOs and business heads, the WHP is strategically aligned with ISO 45001 and the WHO model, embedding employee wellbeing into SP Group's organizational and business agenda. Three committees drive health and safety at SP Group: WHP Committee ReCharge Committee and the Workplace Safety and Health (WSH) Committee, focusing on three key goals:

1. Promoting Healthy Lifestyle: SP Group actively encourages its employees to adopt a healthy lifestyle, both at work and home. This includes initiatives such as promoting physical activity, healthy eating, stress management and ergonomic design.

2. Preventing Occupational Diseases: SP Group takes preventive measures to safeguard its employees' health via risk assessments, regular medical screenings, training, and implementing safety protocols in compliance with the Workplace Safety & Health (WSH) Act.

Employees across all levels actively participate in the design and implementation of health and wellbeing initiatives through both committees, which comprise representatives from management and non management staff across various departments, in consultation with the Union. This reinforces ownership, inclusiveness and shared responsibility in SP Group's holistic wellbeing programmes.

View Singapore Power Group Profile: Click here!

Awards Finalist Profiles

African Population and Health Research Center, Kenya (SME)

At the African Population and Health Research Center (APHRC), the Healthy Workplace program is not just a set of rules, it is a living "Culture of Care" that is being built together. What makes the approach unique is how the WHO Healthy Workplace Framework has been directly woven into daily operations, moving far beyond basic safety checklists. APHRC focuses on five interconnected dimensions of wellness: Physical, Mental, Social, Professional, and Financial.

This means caring about everything from safe lab equipment and fitness center access to mental health support, fair career growth, and even helping staff build smart financial habits. A systems-thinking lens means everyone, from the top executive level to the newest intern, shares responsibility. The health and wellbeing goals are clear and rooted in action. Occupational safety and health is integrated into every part of the strategy so it feels natural, not forced.

Second, the Center aims to strengthen employee resilience by getting more people involved in wellness programs and genuinely addressing the real drivers of mental and professional stress.

Third, workplace hazards are proactively spotted and fixed through regular audits and safety inspections. Ultimately, everyone should feel protected, supported, and empowered to do their best work without compromising their wellbeing.

View African Population and Health Research Center Profile: Click here!

doctHERS, USA (SME)

As a healthcare company, doctHERs holds itself to the highest standard of care for its own people. The RISE ABOVE Health & Wellbeing Program reflects the organisation's commitment to ensuring that every employee experiences the same quality of 24/7, personalised, and coordinated care that it delivers to its corporate clients. RISE ABOVE is delivered through EVA-AI, doctHERs' proprietary WhatsApp-native care coordination platform. The platform connects employees and their families to a curated global network of more than 60 contracted healthcare professionals, including general practitioners, specialists, mental health therapists, registered nutritionists, and physiotherapists. These services are available around the clock, seven days a week, at no cost to employees.

A defining feature of the program is its inclusive approach to healthcare access. Coverage extends beyond employees to include their spouses, dependent children, and—critically—their parents. In a workforce where many employees, particularly women, also serve as caregivers for ageing family members, this expanded family coverage has significantly strengthened employee wellbeing. The inclusion of parents has contributed to improved retention, reduced presenteeism, and measurable gains in employee mental health outcomes. Employees have confidence that even a 3 a.m. health emergency involving a parent will receive the same level of coordinated, high-quality care as their own healthcare needs. The program aims to establish a scalable, evidence-based model for employee health that can be replicated across the digital health sector.

View doctHERS Profile: Click here!



Awards Judges 2026



Steffen Hitzeroth
Chief Executive Officer at GLO-TH Consulting GmbH
Germany, Europe



Edith Essie Clarke, MD.. MA HMPP, M.Ed. Sci Occupational Health
FZ Safety & Health Centre
Ghana, Africa



Daniele Kallas
National Board for Health and Wellness Coaches
Brazil, South America



Dr Andrew Tay
National University of Singapore
Singapore, Asia-Pacific



Joseph A. Leutzinger, PhD
Wellness Directions
USA, North America

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Partners

ISEG EXECUTIVE EDUCATION

HERO

IOE A powerful and balanced voice for business

ENWHP

Health Promotion Board

NBHWC

Tech Care for All

University of Northampton

AROGYA WORLD

WELLNESS DIRECTIONS

HealthPartners Institute

Rowan University

GLOBAL CENTRE FOR HEALTHY WORKPLACES

Getting Here

BUS

706, 727, 67B
Av. D. Carlos I
1 minute

773
Rua Borges Carneiro
5 minutes

22B, 67B
Largo Conde Barão
5 minutes

201, 728, 732, 760
Av. 24 de Julho
11 minutes

SUBWAY

Yellow Line with exit at Rato Station
15 minutes

Green Line with exit at Cais do Sodré Station
15 minutes

★ New
Circular Line
Inauguration of the new "Santos" station in 2027
1 minute

TRAM

28
Calçada da Estrela
2 minutes

15, 18, 25
Av. 24 de Julho
10 minutes

TRAIN

Cascais Line
with exit at Santos Station
12 minutes

BOAT

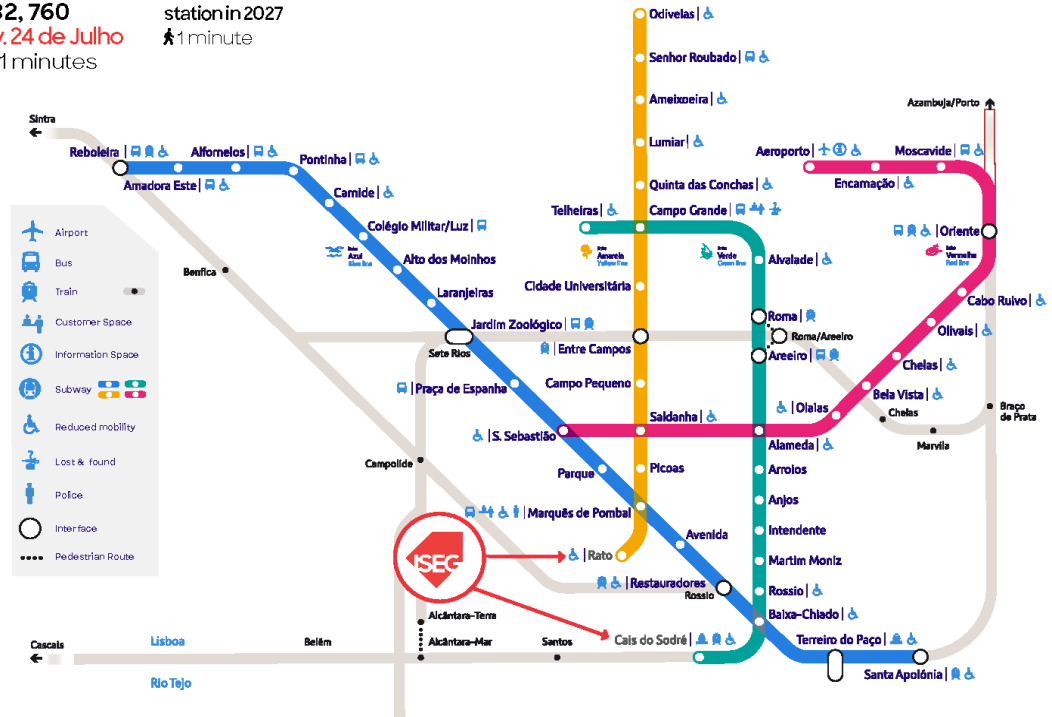
Terreiro do Paço
Bus connection, tram or 20 min. walk

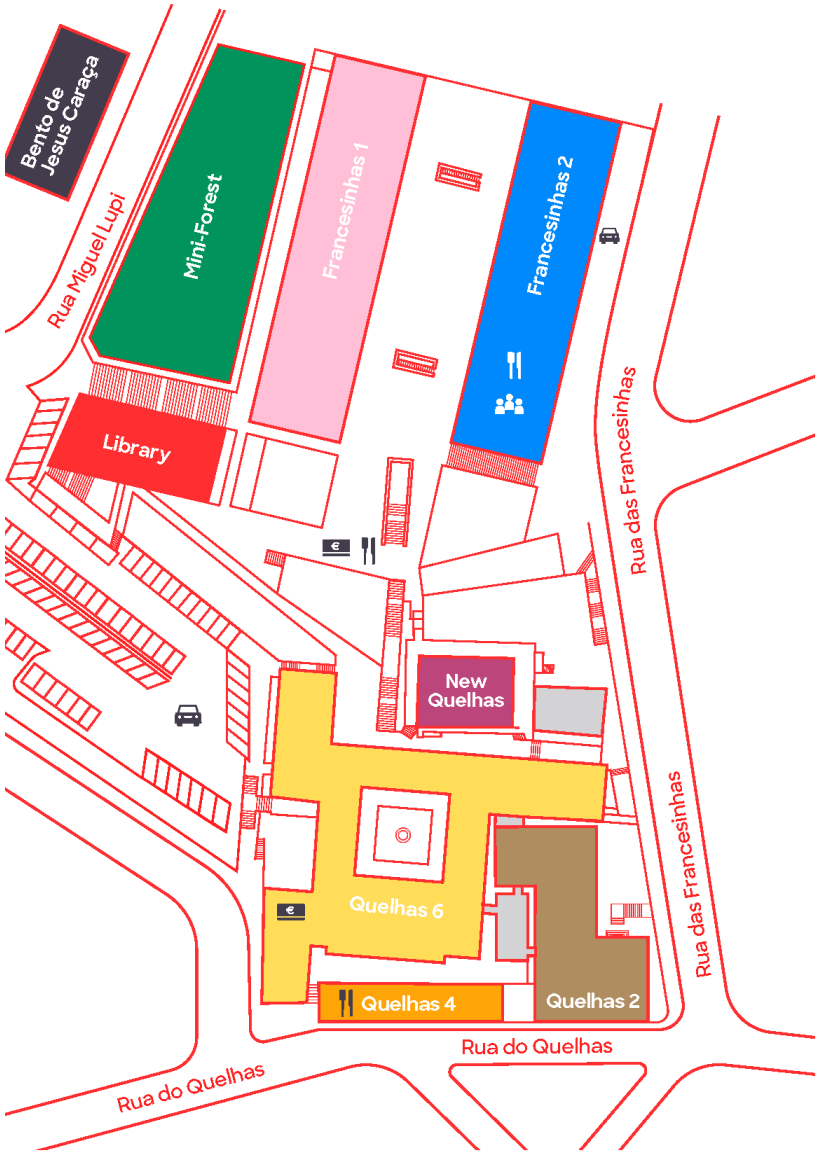
Cais do Sodré
Bus connection, tram or 15 min. walk

BIKE

Gira Bike Station
1 minute

Bike park at ISEG campus
Bring your bike — we've got a spot for it on our campus





SUMMIT VENUE
ISEG
6 Rua do Quelhas
1200-781 Lisboa

Google Maps

BUILDING
Quelhas 6

ROOM
CGD Auditorium

FLOOR
2nd floor

The summit venue is easily accessible by public transport.

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We look forward to welcoming you in Lisbon, Portugal. If you have any questions, please do get in touch.

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