



**Global Centre for Healthy Workplaces
Singapore Guide**

5th Global Healthy Workplace Awards & Summit
Saturday 2nd September 2017, Health Promotion Board, Singapore
Auditorium, Level 7, Health Promotion Board, 3 Second Hospital Avenue, Singapore, 168937



Welcome

The Awards and Summit, now in its fifth year is hosted by the Global Centre for Healthy Workplaces (GCHW) with Singapore's Health Promotion Board of the Ministry of Health and sponsored by Cigna Foundation, Optum and Aetna. The event follows on from the success of Washington DC 2016, Florianopolis 2015, Shanghai 2014 and London 2013 and takes place immediately prior to the World Congress on Safety & Health. As well as the Awards finalists' presentations, the Summit will examine integrating health and safety (holistic approach to healthy workplaces), and the publication of two reports on relevance to NGOs and the perspective of investors.

As the only Awards & Summit program dedicated to recognising global workplace programs, the event will bring together leaders in health and well-being from around the world. As well as the Awards finalists' presentations, the Summit will examine integrating health and safety (holistic approach to healthy workplaces), global trends in health and wellbeing and investing in healthy workplaces.

The 2017 Awards Finalists are:

SME: Lincoln Industries (USA), LGAQ (Australia)

Large: ABFRL Madura (India), Jemena (Australia)

Multinational: Chevron (USA), Lendlease (Australia)

The Global Healthy Workplace Awards is designed for organisations implementing programs that excel in the creation of healthy workplaces. The Awards program allows employers to compare and benchmark their programs to the global standard and, if successful, to celebrate their achievement. Award winners are able to distinguish themselves as an employer-of-choice when attracting new talent or in retaining existing employees. With an emphasis on both universal relevance and adaptability to local conditions, the Awards demonstrate an employer's focus on promoting a safe and healthy work environment.

The Summit will be followed by a half day Global Alliance Roundtable (invitation only) on 3rd September prior to the XXI World Congress on Safety and Health at Work 2017 (<https://www.safety2017singapore.com/>). GCHW co-hosts the Global Alliance Roundtable with FIESC/SESI and consists of representatives of leading international and national organizations in the field of workplace health: WHO, ILO, OECD, World Bank, CDC, ENWHP, World Economic Forum, Eurofound, Ghana Health Service, PanAfrican Business Coalition on HIV/AIDS, Concern Worldwide, Arogyaworld, plus invited guests. This year's themes will be health & safety and investing in health.

We look forward to welcoming many of you to this unique event in helping to improve workplace health around the world.

Summit Agenda: <http://www.globalhealthyworkplace.org/documents/2017-singapore-agenda.pdf>

For more information and to book tickets visit:
<http://www.globalhealthyworkplace.org/summit-singapore-2017.html>

Summit Venue

Located above the transport hub of Outram Park MRT interchange station, Health Promotion Board is within easy accessibility to the city's commercial and tourist highlights, such as the Singapore's entertainment and shopping belt Orchard Road, Marina Bay Sands, HarbourFront, Resorts World Sentosa, Universal Studios Singapore, and Singapore's Central Business District.

Surrounded by a myriad of shop houses and local eateries, be enchanted by the nostalgic sights of the traditional Chinese quarter of town – Chinatown, where one recollects traces of olden days Singapore.

Summit Venue Address: Auditorium, Level 7, Health Promotion Board, 3 Second Hospital Avenue, Singapore, 168937

- The event will take place in the HPB Auditorium on Level 7.
- The main drop of and pick up point is at the main lobby of the building.
- Delegates and attendees can park their car at the basement car park of Health Promotion Board. Car park charges will apply.
- As it is a weekend, there will be no direct access from Car park to Level 7.
- Attendees who park their car at the Car park will have to take the staircase to Level 1, before they can take the lift to Level 7.
- Only Lift 5 and 6 will have access to Level 7.



UK Government Travel Advice

Please check with your local doctor or travel medical service for vaccinations.

Singapore: <https://www.gov.uk/foreign-travel-advice/singapore>

Health and Immunisations

Please check with your local doctor or travel medical service for vaccinations.

Singapore: [http://www.fitfortravel.nhs.uk/destinations/asia-\(east\)/singapore.aspx](http://www.fitfortravel.nhs.uk/destinations/asia-(east)/singapore.aspx)

Hotel Options

The GCHW team will be staying at the **Dorsett Hotel**, which is located directly opposite the Summit venue; Health Promotion Board Singapore building complex. You are welcome to book a room in the same hotel or at one of the below recommended hotels.

All Summit participants are entitled to corporate discount rate at the Dorsett. Download, fill out the form and send directly to the hotel:

<http://www.globalhealthyworkplace.org/documents/dorsett-hotel-reservation.pdf>

Dorsett Hotel website: <http://www.dorsethotels.com/singapore>





Hotels within 2 miles/walking distance

ZEN Premium Outram Park: <https://www.zenrooms.com/hotel/14/zen-premium-outram-park-singapore-7155>

Holiday Inn Singapore Atrium: <http://singaporeatrium.holidayinn.com>

Nostalgia Hotel: <http://www.hotelnostalgia.com.sg>

Four Points by Sheraton Singapore: <http://www.fourpointssingaporeriverview.com>

Hotels farther away/not walking distance

Hotel G Singapore: <https://www.hotelgsingapore.com>

All Summit participants are entitled to corporate discount rate at the Hotel G Singapore also.

Download, fill out the form and send directly to the hotel:

<http://www.globalhealthyworkplace.org/documents/Booking-Form-5th-Global-Healthy-Workplace-Summit-2017.docx>

Regent Singapore: <http://www.regenthotels.com/regent-singapore>

Mandarin Oriental: <http://www.mandarinoriental.com/singapore>

Park Royal on Pickering: <https://www.parkroyalhotels.com/en/hotels-resorts/singapore/pickering.html>

Park Regis Singapore: <http://www.parkregissingapore.com>

Note: Most nightly rates for hotel rooms in Singapore do not include the daily Government Tax and Service Tax charges (total of 17%). Be sure to check this when booking.

VISA

Please check with your local Singapore Embassy for information on VISA's to Singapore.

The ICA Singapore has a list of countries that require a VISA:
https://www.ica.gov.sg/services_centre_overview.aspx?pageid=252

Travel Guides

Visit Singapore: <http://www.visitsingapore.com/en.html>

WikiTravel: <http://wikitravel.org/en/Singapore>

Lonely Planet: <https://www.lonelyplanet.com/singapore>

Transport

In most cases when traveling abroad to a country for the first time we would recommend getting a taxi from the airport to your hotel of choice or alternatively arrange with your hotel for an airport pick up service, as well as traveling from location to location. For those feeling more adventurous you can use the local metro and bus transport services.

MRT

Spanning the entire city state of Singapore, the Mass Rapid Transit system in Singapore was incorporated in 1987 and operates a total of 102 stations, serving more than 1.6million passengers daily. Service operates from 5.30am and ends before 1am daily with intervals of approximately three to eight minutes. Fares are calculated based on the distance between the start and end destination stations and paid by using electronic data-storing tickets which can be purchased over the ticket machines or at service counters.

For more information, visit: www.smrt.com.sg

BUS

Public buses are one of the best modes for those who wish to catch the city sights. With almost 97% of the buses air-conditioned to provide cool travel in sunny Singapore, they complement the MRT and LRT system for easy access to many places island-wide.

For more information, visit: www.sbstransit.com.sg